

# A Special Invitation

The Philippine Nurses Association of Tampa Bay, Inc. & The Philippine Nurses Association of Gulf Coast FL would like to invite you in celebrating Nurses' Week 2019

- This Event is FREE to all nurses.
- For the 3K Fun Walk, we would like to request a minimum of \$30.00 donation from each participant.
- Participants are encouraged to seek the sponsorship & support of family & friends to raise funds for the participant fee.
- All donations are tax deductible.
- Total donations will be split between PNA Tampa and PNAGF according to the number of walkers and donors of each respective chapter.
- Funds generated from this event will go towards the 2019 PNAAF 5K Wellness Challenge that will help fund our nationwide projects (Scholarship/ Research/ Continuing Education/ Building Fund and other worthy projects for nurses.)

*A Million Thanks to All  
Participants, Donors, and  
Sponsors!*

## Event Location




PNA Tampa Pavilion at the  
Philippine  
Cultural Complex  
14301 Nine Eagles Drive  
Tampa FL 33626



## *Two PNA Local Chapters Working Together in Celebrating Nurses' Week 2019!*

### Nurses Advocating for Vulnerable Populations

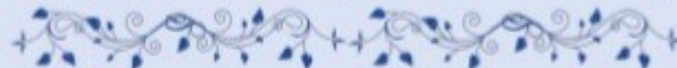
#### *Saturday, May 11, 2019 ~ Program of Activities*

- 7:30 am Registration & Prayer
- 8:00 am 3K Fun Walk! (Philippine Center Grounds)  
PNA Tampa Team Captains: M. & E. Soriano  
PNAGF Team Captain: Nannette Fernandez  
**Prizes for the Top 3 Fastest Walkers!**   
- 9:00 am Potluck Breakfast Hosted by Janella Puyot & The Breakfast Committee
- 9:30 am-12:30 pm - Continuing Education Session (3.0 Contact Hours)  
The Fights We Must Fight: Nurses Advocating for Vulnerable Populations
- 9:30 am CE Part I The Fight Against Human Trafficking: *Nurse's Role in Advocacy & Victim Assistance*  
Speaker: Unidad (Ning) Bonoan, M.Ed, RN
- 11:30 am CE Part II The Fight Against Depression: *The Nurses' Role in Suicide Prevention*  
Speakers: Medina Madrinan, Ma Nursing Ed., BSN, RNC (Retired) & Priscilla Mallare, BSN, RN (Retired)
- 12:30 pm - Lessons We Can Learn from New Grads:  
Navigating the Employment Process  
Facilitator: Liw Villagomez, PNA Tampa President  
Story Tellers: Marites Calvelo, RN (US Grad) & Kimberly Ticzon, BSN, RN (Phil. Grad)
- 12:50 pm Lunch Hosted by Cris Hermano & The Lunch Committee
- 1:30 pm Treasure Hunt Coordinated by Janella Puyot, PNAGF President
- 2:00 pm PNA Tampa Nurses Week 2019 Grand Raffle Drawing  
PNAGF Announcement of Silent Auction Winners

2:30 pm - BLS Certification (Separate Pre-Registration with Instructor Required)  
Instructor: Rebecca Mendoza, MSN, RN  
For PNA Member Discounted Fee & Registration Information, Contact Rebecca via phone at 813-765-7475 or via e-mail [rebecca.b.mendoza@gmail.com](mailto:rebecca.b.mendoza@gmail.com)

## *Event Registration via E-Mail or Text~ Just Say YES!*

Liw Villagomez: [liw2@vilagomez.com](mailto:liw2@vilagomez.com) or text to 813-317-6510 (PNA Tampa)  
Janella Puyot: [jdipuyot@yahoo.com](mailto:jdipuyot@yahoo.com) or text to 727-742-6269 (PNAGF)



*Additional FUN with...*

*PNAGF Garage Sale & Silent Auction!  
PNA Tampa Nurses' Week Grand Raffle Drawing & Also 50/50!*